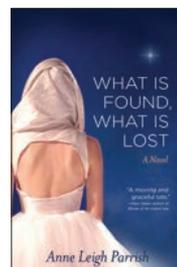
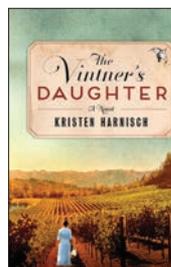
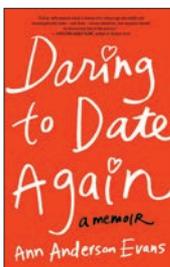
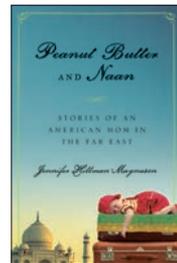
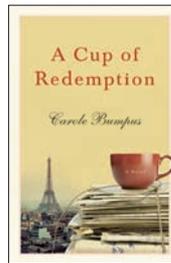
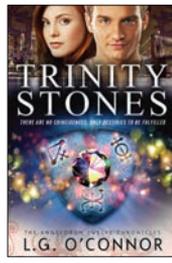
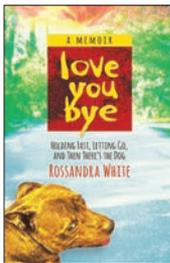
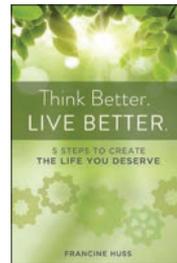
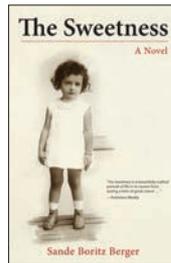
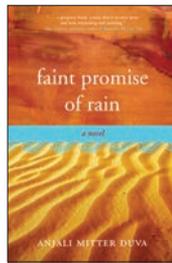
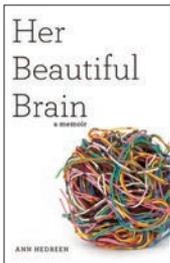
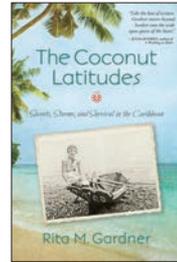
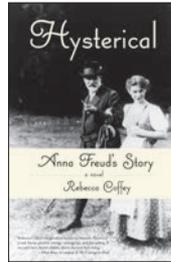
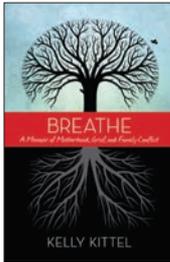


# SHE WRITES PRESS

## 2014



# About SHE WRITES PRESS

SHE WRITES PRESS is an independent publishing company founded to serve members of She Writes, the largest global community of women writers online, and women writers everywhere.

We are a curated press that's both mission-driven and community-oriented, aiming to serve writers who wish to maintain greater ownership and control of their projects while still getting the highest quality editorial help possible for their work.

Every expert we work with has been hand-picked by She Writes Founder Kamy Wicoff and/or SHE WRITES PRESS Publisher Brooke Warner.

Coming into 2014, SHE WRITES PRESS has signed more than 70 writers and we're going strong. In 2013, we entered into a traditional distribution partnership with Ingram Publisher Services, and we're thrilled by the attention our books have been getting by reviewers and booksellers as a result. We are excited to be partnering with high-caliber authors whose books are giving the publishing industry reason to keep its eye on SHE WRITES PRESS.



Kamy Wicoff



Brooke Warner

Founder Kamy Wicoff and Publisher Brooke Warner have long dedicated themselves to empowering women writers, acting on their shared belief that writing is life- and world-changing for women and girls. Between them they bring thirty years of women-centric publishing experience to the table: Kamy as a best-selling author who's experienced the publishing industry as an author-forced-to-become-entrepreneur; Brooke as a former executive editor who spent the majority of her professional career at Seal Press. In creating SWP, their aim is to help more women bring their books to completion, and to successfully shepherd more books by women—particularly those without connections to the existing system—into the wider world.

# How It Works

SHE WRITES PRESS editorial solutions are a cornerstone of our commitment to our authors, and we have established three specific tracks for authors who submit their works to SWP.

## Track 1. Green Light/Good to Go

Track 1 is for those SWP authors who are ready for publication. If we determine that you have a publish-ready manuscript, you will proceed directly into the production process, meaning your manuscript will go straight to layout (designed pages).

## Track 2. Copyediting

(not included in the She Publishes package)

Track 2 is for those SWP authors whose manuscript requires something heavier than a proofread. We offer a brief assessment of your work in order to point you to the places in your manuscript that have deemed it in need of a copyedit. We do not require that you get your copyedit done by SHE WRITES PRESS.

## Track 3. Developmental Editing/Coaching

(not included in the She Publishes package)

Track 3 is for those authors who require more than a copyedit. We will recommend that these authors work with one of SWP's coaches for developmental editing and/or coaching. Your manuscript would qualify for this kind of service if we see inconsistencies in your story, the need for character and/or scene development, point of view problems, or lack of structure.

## Proofreading

(included in the She Publishes package)

All authors publishing on SHE WRITES PRESS will have their final manuscript proofread after their project has been laid out (designed). Our ultimate goal is that every SWP book mirror a traditional publishing model, and we strive to publish error-free books.



# SPRING 2014



# The Geometry of Love

A Novel

Jessica Levine

**Torn between her need for stability and her desire for independence, an aspiring poet grapples with questions of artistic inspiration, erotic love, and infidelity.**

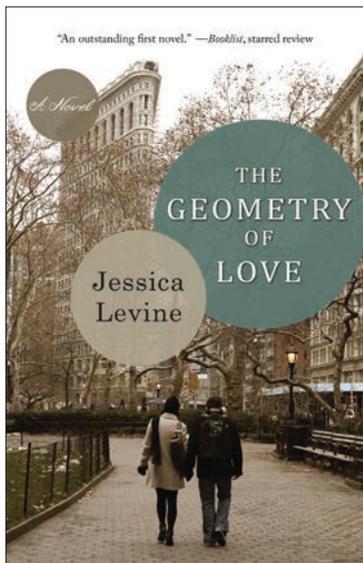
Julia, an aspiring poet, is living with her British boyfriend, Ben, a restrained Princeton professor, when she runs into Michael, a long-lost friend. A complex and compelling composer, Michael was once a catalyzing muse for her—but his return to her life is a destabilizing influence.

Julia is drawn to Michael, but feels enormous guilt at the thought of betraying Ben—not to mention fear at the idea of giving up the security of her relationship with him. So, when Michael signals that he's too wounded to make a commitment, she turns her triangular situation into a square: she sets him up with her cousin.

Why is it easier for a woman to be a muse than to have one? Are security and imagination mutually exclusive? Can one be fully creative—in art or life—without the inspiration of erotic love? These are the questions asked in *The Geometry of Love*, a provocative and deeply psychological tale that explores the surprising choices we make in our romantic lives.

"An outstanding first novel."

—*Booklist* starred review



© Han Phillips

**JESSICA LEVINE'S** fiction, essays, poetry, and poetry translations have appeared in *Amarillo Bay*, *California Quarterly*, *The Cape Rock*, *decomp* magazinE, *Forge*, *Green Hills Literary Lantern*, *Poetry Northwest*, and elsewhere. She is also the author of *Delicate Pursuit: Literary Discretion in Henry James and Edith Wharton* (Routledge, 2002).

[www.jessicalevine.com](http://www.jessicalevine.com)

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# Loveyoubye

*Holding Fast, Letting Go,  
And Then There's The Dog*  
Rossandra White

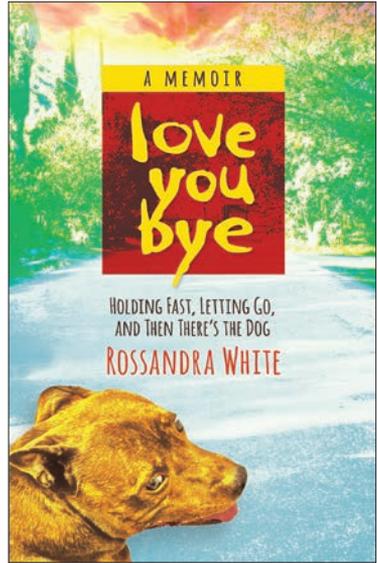
**A soul-searching memoir detailing the disintegration of a twenty-five-year marriage.**

When Rossandra White walks into her Laguna Beach home one day to find that her husband of twenty-five years has disappeared—leaving behind only a cryptic, hastily written note on the kitchen counter as an explanation—she knows he'll come back. It's not the first time this has happened, and she trusts that their marriage, though tumultuous, will endure. But she soon learns that this time is different—and as new information comes to light, she realizes that the cracks in their relationship may have deepened past the point of repair.

In the midst of this turmoil, White's physically and mentally disabled younger brother needs her help. She returns to South Africa, land of her birth, to answer his call—and when she comes back to California, she finds that her dog Sweetpea, who for years has served as a vital emotional link between herself and her husband, has begun to succumb to a fatal illness. Ultimately, it is this core-rattling confluence of crises that forces White to face her own demons and make a decision: stay in a marriage that's crumbling before her eyes, or leave her husband and forge a new life for herself.

"*Loveyoubye* is jam-packed with warmth and humor, heartbreak and healing, and unexpected twists. From South Africa to Laguna Beach to sitting on the couch beside her most intimate companion, Rossandra White rises to the challenges of the past and the future with grit and wit."

—Ana Maria Spagna, author of *Potluck: Community on the Edge of Wilderness*



© Garth Millan

**ROSSANDRA WHITE** is the author of *Monkey's Wedding* and *Mine Dances*, young adult novels about family, race, and the dark magic of a society poised on the brink of change. Originally from Africa, she now lives in Laguna Beach, California with her two Staffordshire Bull Terriers. When she's not writing, White enjoys yoga, Jazzercise, and hiking the hills behind her home in Laguna canyon.

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# Four Funerals and a Wedding

*Resilience in a Time of Grief*

Jill Smolowe

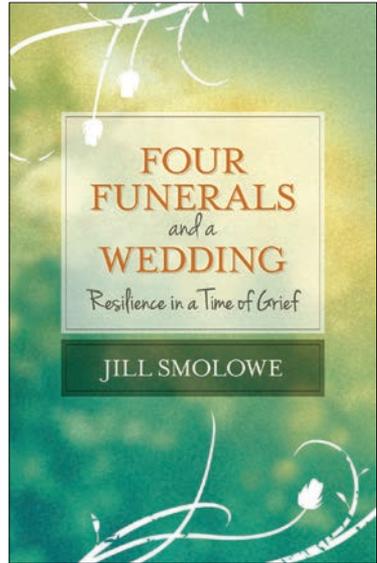
Four loved ones, gone, in the space of seventeen months. Unimaginable. But as journalist Jill Smolowe buried her husband, sister, mother and mother-in-law, she had no trouble imagining what would follow. Most films and memoirs, after all, offer only one script: you fall apart. She didn't.

Here, for the first time, a close look at what holds a grieving person together.

In *Four Funerals and a Wedding*, Smolowe jostles preconceptions about caregiving, defies cliché's about losing loved ones, and reveals a stunning bottom line: far from being uncommon, resilience like hers is the norm among the recently bereaved. With humor and quiet wisdom, and with a lens firmly trained on what helped her tolerate and rebound from so much sorrow, she offers answers to questions we all confront in the face of loss, and reminds us that grief is not only about endings—it's about new beginnings.

"Thoughtful and compassionate guidance for people going through the grieving process with loved ones... This is an absolute must-read for people struggling with loss."

—*Publishers Weekly*



© Eme

**JILL SMOWE** is the author of the memoir *An Empty Lap: One Couple's Journey to Parenthood* and coeditor of the anthology *A Love Like No Other: Stories from Adaptive Parents*. An award-winning journalist, she has been a foreign affairs writer for *Time* and *Newsweek* and a senior writer for *People*, where she currently specializes in crime stories. [www.jillsmolowe.com](http://www.jillsmolowe.com).

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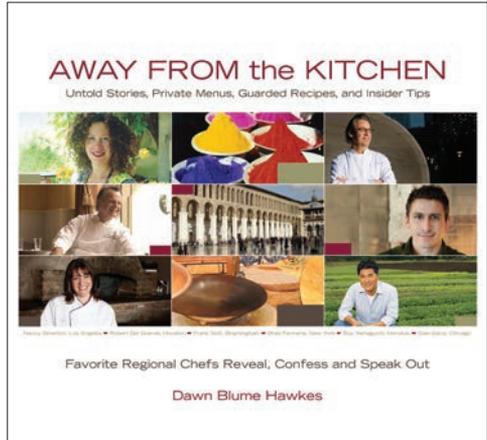
# Away from the Kitchen

*Favorite Regional Chefs Reveal, Confess, and Speak Out*

Dawn Blume Hawkes

**A food book for those who want it all: the menus, the recipes, and the behind-the-scenes scoop on some of America's favorite chefs.**

*Away from the Kitchen* offers a glimpse into the joys and pressures of a chef's life—satisfying the curiosity of those swept up in the wave of America's chef-obsession. Here, selected chefs from across the nation disclose some of their most personal dreams and talents—revealing who they are inside and outside the kitchen.



In these pages, featured chefs offer up their cherished breakfast, lunch, dinner, and dessert menus—many of them including never-before-published recipes. Robert Del Grande's "Country Western Breakfast," Nancy Silverton's "Farmer's Market Lunch for All Seasons," Frank Stitt's "Alabama Asado," and Roy Yamaguchi's "Hawaiian Garage Barbecue" are just a few of the imaginative and mouth-watering meals to be discovered in *Away from the Kitchen*. Also included are the personal stories behind each menu, and—best of all—each chef's insider kitchen tools and tips.

With its uniquely personal approach, *Away from the Kitchen* will appeal to foodies everywhere, as well as readers who want it all: the menus, the recipes, and the chef "scoop."

"This is a tasty and revealing read that takes you behind the curtain for a valuable peek into what motivates some of the greatest chefs in America. With beautifully displayed, heartfelt recipes that connect their food to the memories, Dawn manages to capture each chef's unique inspiration and aura."

—Chef Sanford D'Amato, Founder, Sanford Restaurant, James Beard Foundation award winner for Best Chef: Midwest, and author of *Good Stock: Life on a Low Simmer*



© Don Sibhan

**DAWN BLUME HAWKES** was born in Hollywood, California. She began living a bi-coastal life, her parents toggling her from Boston to New York and back to California to earn her M.A. in English and Design. Her quest to travel, eat, perfect her design talents, and write for various publications led to an appreciation of the diversity of cuisines and the skill of the chef.

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# Flip-Flops After Fifty

*And Other Thoughts on Aging*

*I Remembered to Write Down*

Cindy Eastman

**A collection of frank and funny essays about turning fifty—and all the emotional ups and downs that come with it.**

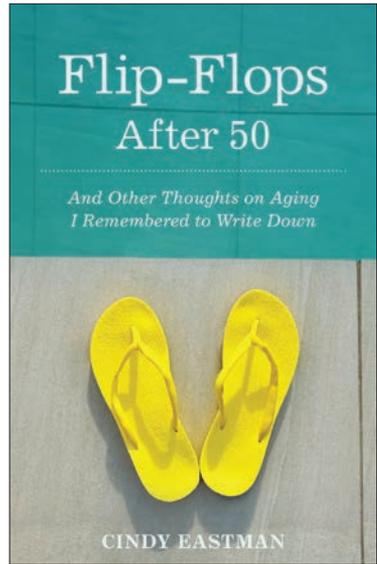
Who hasn't experienced life's painful jabs—especially those of us who have rounded the corner into middle age? Emotional family events, stress from lousy jobs, the bittersweet feelings when the kids leave home, body image issues, and turning the big 5-0 . . . it's all covered here in Cindy Eastman's collection of personal and insightful essays.

In *Flip-Flops After Fifty*, Eastman tackles the sublime and the ridiculous, the sacred and the profane, with her own brand of easy humor. From her 30th high school reunion to her daughter's wedding to running away to a cabin in Maine to figure out what she wants to do with her life, Eastman braves the ups and downs of midlife, and she comes out of it changed—for the better.

At turns wry, hilarious, and poignant, *Flip-Flops After Fifty* will amuse and enlighten readers, even as it inspires them to think more deeply about the topics that affect us all.

"Eastman's *Flip-Flops After 50* is as funny, warm, and inviting as its title. Filled with the kind of everyday humor that made Erma Bombeck everybody's favorite columnist, Eastman's wit and generosity reach out to embrace the reader. With every laugh, there's a moment of recognition and a sense of camaraderie."

—Dr. Gina Barreca, author of *It's Not That I'm Bitter . . . Or How I Stopped Worrying About Visible Panty Lines and Conquered the World*



© Annie Musso

**CINDY EASTMAN** facilitates diversity and anti-bullying trainings for the AntiDefamation League and teaches a writing course for the Osher Lifelong Learning Institute at the Waterbury campus of UConn. Eastman makes her home in Connecticut with her husband, Angelo, and their cat, and is currently working on a second book.

Publication Date: 4/8/14

\$16.95

200 pages

5.5" x 8.5" paperback

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# Trinity Stones

*The Angelorum Twelve Chronicles*

L.G. O'Connor

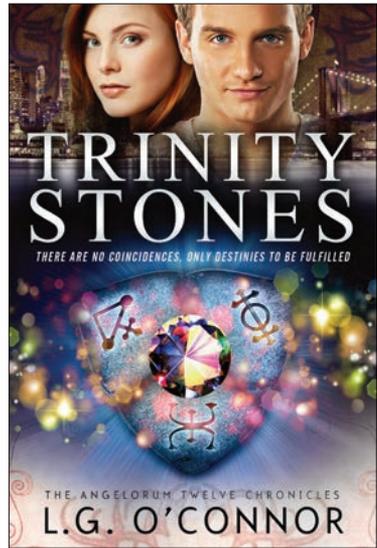
On her 27th birthday, New York investment banker Cara Collins learns that she is one of twelve chosen ones prophesied to lead a final battle between the forces of good and evil.

Between a hostile work environment and an impossible romantic situation with her longtime friend and first love, Dr. Kai Solomon, disenchanted New York investment banker Cara Collins has little to smile about on her 27th birthday. But before the day ends, she receives a letter from her long-dead grandmother telling her she has inherited \$50 million—a windfall that she must keep secret or risk the lives of those close to her—and suddenly she has a lot more to worry about.

As Cara plunges into the mystery surrounding her inheritance, she makes a stunning discovery: angels walk among the living, and they're engaged in a battle that will determine the future of the human race. In the midst of these revelations, she meets sophisticated Simon Young, who offers her the promise of romance for the first time since Kai—but when Kai and his daughter are kidnapped by dark forces, Cara must choose: accept her place in a 2,000-year-old prophecy foretold in the Trinity Stones as the First of the Twelve who will lead the final battle between good and evil . . . or risk losing everything she holds dear.

"O'Connor tackles important worldbuilding, while also kicking off the story with bang."

—*Publishers Weekly*



© Stacey Caron

**L.G. O'CONNOR** is a corporate marketing and strategy executive for a Fortune 250 company and a member of the Romance Writers of America. She writes adult urban fantasy, paranormal romance, and contemporary romance. *Trinity Stones* is her first novel; she is currently preparing the second book in the Angelorum Twelve Chronicles, *The Wanderer's Children*, for publication. Learn more at [www.lgoconnor.com](http://www.lgoconnor.com).

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\$18.95  
366 pages  
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# Three Minus One

Parents' Stories of Love & Loss

Edited by Sean Hanish & Brooke Warner

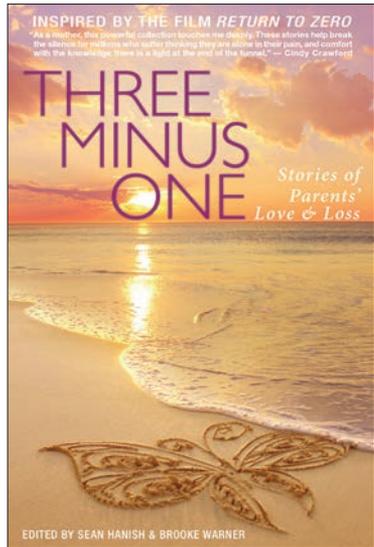
**A collection of stories and artwork by parents who have suffered child loss that offers insight into this unique and devastating experience.**

*Three Minus One: Parents' Stories of Love and Loss* is a collection of intimate, soul-baring stories and artwork by parents who have lost a child to stillbirth, miscarriage, or neonatal death, inspired by the film *Return to Zero*.

The loss of a child is unlike any other, and the impact that it has on the mother, the father, their family, and their friends is devastating—a shockwave of pain and guilt that spreads through their entire community. But the majority of those affected, especially mothers, often suffer their pain in silence, convinced that their grief and trauma is theirs to bear alone. This anthology of raw memoirs, heartbreaking stories, truthful poems, beautiful painting, and stunning photography from the parents who have suffered child loss offers insight into this unique, devastating and life-changing experience—breaking the silence and offering a ray of hope to the many parents out there in search of answers, understanding, and healing.

“As a mother, this powerful collection touches me deeply. These stories help break the silence for millions who suffer thinking they are alone in their pain, and comfort with the knowledge there is a light at the end of the tunnel.”

—Cindy Crawford



© Michael Benatar

**SEAN HANISH** is an award-winning filmmaker, screenwriter, and playwright and a member of the Writer's Guild of America. His feature directorial debut, *Return to Zero*—starring Minnie Driver, Paul Adelstein, and Alfred Molina—is the first Hollywood film to tackle the taboo subject of stillbirth.

**BROOKE WARNER** is the founder of Warner Coaching Inc., publisher of She Writes Press, and author of *What's Your Book?* and *How to Sell Your Memoir*. [www.warnercoaching.com](http://www.warnercoaching.com).



© Reenie Ruschke

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\$17.95

300 pages

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# The Rooms Are Filled

A Novel

Jessica Null Vealitzek

**The coming-of-age story of two outcasts—a nine-year-old boy who just lost his father, and a closeted young woman—brought together by circumstance.**

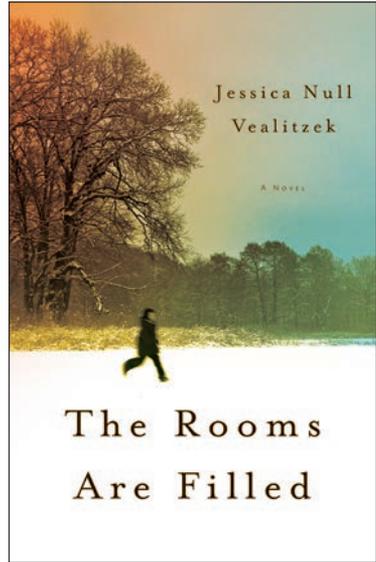
In 1983, two outcasts are brought together by circumstance: nine-year-old Michael Nygaard, a Minnesota farm boy transplanted to suburban Chicago after his father dies, and Julia Parnell, a woman trying to begin again after a failed attempt to live openly.

Michael doesn't understand the new people around him: the wild girl across the street nurtures their friendship and then undermines it; her alcoholic father rockets between affability and rage; the bullies at school taunt him; and he adores his teacher, Miss Parnell, but knows she's living a false life.

When Julia's secret is exposed, she faces a choice: accept herself for who she is or deny her true nature. Meanwhile, Michael must also choose whether to simply endure his new situation or fight back. Coming of age will take bravery from these two lost souls—and if they can't find the strength to change, neither will have the life they long for.

"As you read about the seemingly quiet, Midwestern lives of the people of *The Rooms Are Filled*, you will suddenly realize that you desperately want them to get everything they're hoping for."

—John Warner, *Chicago Tribune* columnist



© Shannon Brambila

**JESSICA NULL VEALITZEK** is a former reporter and political communications director. She was born and raised northwest of Chicago, where she now lives with her husband and two children. This is her first novel.

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\$16.95

236 pages

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# Think Better. LIVE BETTER.

5 Steps to Create the Life You Deserve

Francine Huss

In *Think Better. Live Better.*, Francine Huss shows how the power of creative thinking can produce new results in a person's life or business.

This guide helps readers learn the power of their thoughts. In her simple, well-written style, Huss explains principles behind the creative process of thought; she also highlights The Five Step Treatment, a proven tool to instantly improve thoughts and set creative energy in a desired direction.

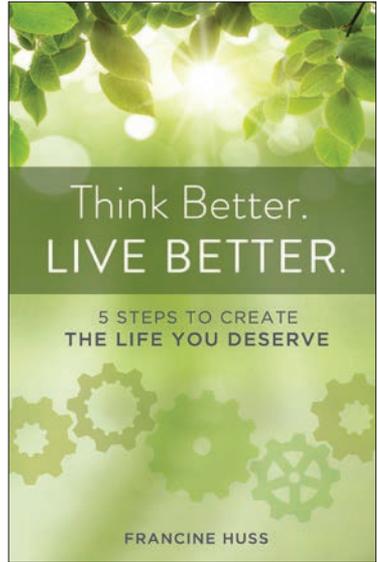
Five Step Treatment is a self-talk technique used by thousands of people every day to:

- shift from wanting to having, lack to plenty, discouraged to confident;
- connect with creativity and new possibilities;
- create a thriving mindset that thinks, believes, and expects better.

Thoughts can produce stress, suffering, loneliness, or misfortune. Better thoughts can create confidence, happiness, and prosperity. *Think Better. Live Better.* This book shows readers how to live better, dream bigger, and create possibilities they never imagined—even miracles. In the process, they will realize how much living their best life betters the world.

"*Think Better. LIVE BETTER.* These four seemingly simple words offer us an invitation to embrace our life purpose with self-empowerment and step firmly on the path of wisdom and joy. Imbibe this nourishing and healing book."

—Michael Bernard Beckwith, author of *Life Visioning*



© Jeremy Cortez

**FRANCINE HUSS** is a business professional, entrepreneur, transformational teacher, and licensed spiritual counselor. She draws her expertise in creativity, success, and better living from a rich background in advertising, video games, international marketing, importing, real estate, and design.

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\$16.95

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# The Belief in Angels

J. Dylan Yates

**From the Majdanek death camp to a volatile hippie household on the East Coast, this narrative of tragedy, survival, and hope spans more than fifty years, from the 1920s to the late 1970s.**

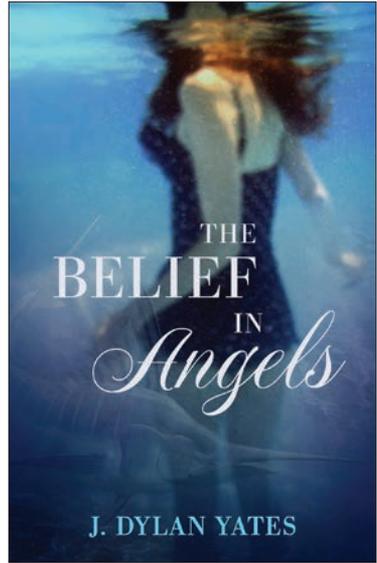
Growing up in her parents' crazy hippie household on a tiny island off the coast of Boston, Jules's imaginative sense of humor is the weapon she wields as a defense against the chaos of her family's household.

Jules's story alternates with that of her grandfather, Szaja, an orthodox Jew who survives the murderous Ukranian pogroms of the 1920s, the Majdanek death camp, and the torpedoing of the Mefkura, a ship carrying refugees to Palestine. Unable to deal with the horrors he endures at the camp, Szaja develops a dissociative disorder and takes on the persona of a dead soldier from a burial ditch, using that man's thoughts to devise a plan to escape to America.

While Szaja's and Jules's sorrows are different on the surface, adversity requires them both to find the will to live despite the suffering in their lives—and both encounter, in their darkest moments, what could be explained as serendipity or divine intervention. For Jules and Szaja, these experiences offer the hope they need in order to come to the rescue of their own fractured lives.

"Three cheers for J. Dylan Yates in her debut novel, and for her plucky heroine, Jules Finn, as well. What could be depressing becomes, with Yates' skilled narration, a heartrending but deeply optimistic and appealing story about finding oneself, and the power of love and loss to reshape lives."

—Laurel Corona, author of *Until Our Last Breath* and *The Mapmaker's Daughter*



© Jo-El Hairman

Raised on a tiny New England peninsula, **J. DYLAN YATES** studied with the BFA program at the University of Colorado at Boulder. She worked with Boulder County's Voices for Children program as a CASA volunteer for fifteen years and now volunteers with the Big Sister program. Yates lives in San Diego with her partner and a talking cat.

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# Bittersweet Manor

A Novel

Tory McCagg

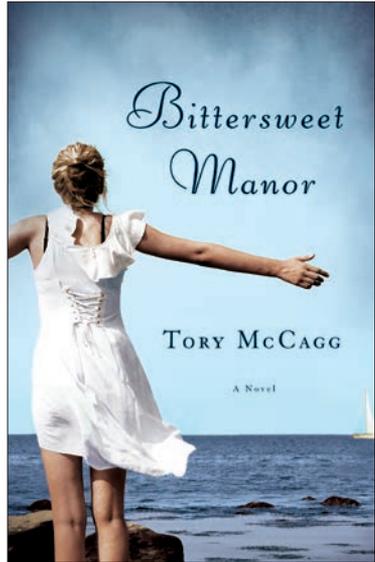
**A chronicle of three generations of love, manipulation, entitlement, and disappointed expectations in an upper-middle class New England family.**

After a four-month estrangement from her family, thirty-two-year-old Emma Michaels visits The Harbor View Assisted Living Home to tell her grandmother, Gussie, that she has made a decision: she's going to sell the family property—her inheritance. Sitting on the dock of Poquatuck Village, Connecticut, looking across the harbor to their family's longtime home, the two women debate over Emma's choice—and their conversation lays the framework for the book, which flows over the decades, all the way back to Gussie's youth and marriage, then forward through the lives of her three children, Auggie, Livy, and Alyssa, whose hopes and talents are warped by their mother's influence and disappointed expectations. Expectations passed down through the generations. Subtle. Unspoken. Implacable.

As Emma and Gussie remember the choices and dynamics that have produced the complicated tapestry that is their family's history, Emma makes a number of surprising discoveries about her loved ones—and herself—and she prepares to do what no one else in her family has dared: let go of the past to make room for the future, though doing so will destroy the thing her grandmother holds most dear.

"A knowing multi-generational (not quite saga so much as) situation: a condition of privilege dealt with in differing ways by members of a family whose intimate wrangles are brilliantly limned. McCagg has an excellent ear, a noticing eye, and a deep familiarity with the world she here portrays."

—Nicholas Delbanco, author of *The Art of Youth*



© Joanna Eldredge Morrissy

**TORY MCCAGG** earned her MFA from Emerson College's writing program; her thesis and novel *Shards* won the Graduate Dean's Award. She has won two honorable mentions for her short fiction: for "Enology" (A. E. Coppard Prize for Fiction, 1998); and "Chain Material" (Lorien Hemenway Short Story Competition, 2001). McCagg is also a social activist and an accomplished flutist.  
[www.torymccagg.com](http://www.torymccagg.com).

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# Breathe

*A Memoir of Motherhood, Grief, and Family Conflict*

Kelly Kittel

**A mother's heartbreaking account of losing two sons in the span of nine months—and learning, despite all the obstacles in her way, to find joy in life again.**

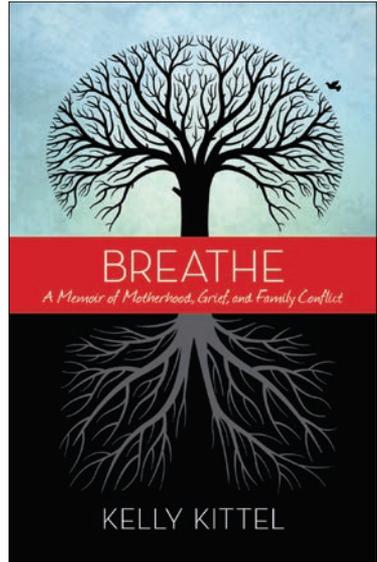
Kelly Kittel didn't know the true meaning of the phrase "in the wrong place at the wrong time" until she fell victim to just such a circumstance—and lost her infant son as a result.

In the wake of their son's death, Kittel and her husband are overcome with grief—and they're still trying to make sense of their loss when, a mere nine months later, their family doctor makes a terrible mistake during Kittel's pregnancy and they are forced to bury a second child. And when they decide to press malpractice charges, things only get worse: they end up having to battle not only the medical system but also their own family in a court of law, all while raising their other three children and trying to heal from the pain of living through the deaths of two sons.

Achingly raw and beautifully narrated, *Breathe* is a story of motherhood, death, family, and conflict—and, ultimately, how to embrace love, honesty, and joy even in the face of tragedy.

"People always ask me why I write about loss and grief. And I tell them that it's because when I do, I'm also writing about love, and hope, and family, and all the big, messy, glorious things in our lives. Kelly Kittel understands that. In *Breathe*, she bares her broken heart, and shows us all courage and hope and, mostly, love."

—Ann Hood, author of the memoir *Comfort: A Journey Through Grief* and *The Knitting Circle*



© Kim Fuller Photography

**KELLY KITTEL** is a fish biologist by trade but a writer at heart. She has been published in a number of magazines and anthologies. Kittel is married with five living children, her best work beyond compare. She lives with her husband and two youngest children in Rhode Island.

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# Hysterical

Anna Freud's Story

Rebecca Coffey

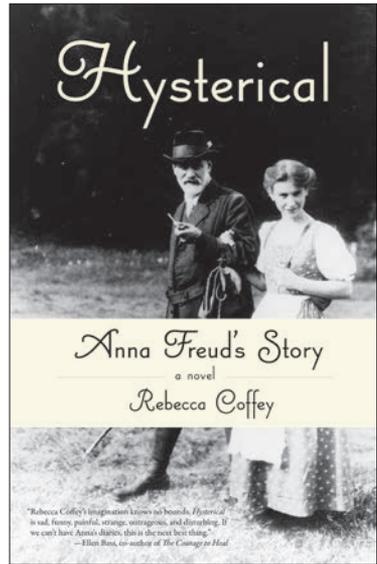
A piercing, irreverent, fictionalized exploration of the seemingly contradictory life of Anna Freud—told from her point of view.

Anna Freud (1895-1982) was her father Sigmund's sounding board and chief collaborator. Yet she harbored secrets that could have shaken the foundations of his growing legacy. Suspecting as much, Sigmund psychoanalyzed his daughter.

Was that analysis the erotic echo chamber that he warned analysis always is? Who was Dorothy Burlingham, a figure that most of Sigmund's biographers have tirelessly ignored? How did Anna manage to live a full life and become a guiding force for analysts, educators, and humanitarians, all while devoting herself to her wary father as he aged and died? *Hysterical* is Anna Freud's fictional autobiography; in it she tells her full story for the first time.

"Journalist Coffey, seen in *Scientific American* and *Psychology Today*, presents an avidly researched, shrewd, and unnerving first novel that purports to be the lost autobiography of Anna Freud. . . . [T]his is an electrifying, imaginative portrait of an overlooked historical figure of great significance: fascinating, courageous, and steadfast Anna Freud."

—Booklist



© Deborah Lazar

**REBECCA COFFEY** is an award-winning print journalist, documentary filmmaker, and radio commentator. She contributes regularly to *Scientific American* and *Discover* magazines; her narrative nonfiction book *Unspeakable Truths and Happy Endings* was named an Outstanding Academic Title by the American Library Association's *Choice* magazine.

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# Royal Entertainment

Marni Fechter

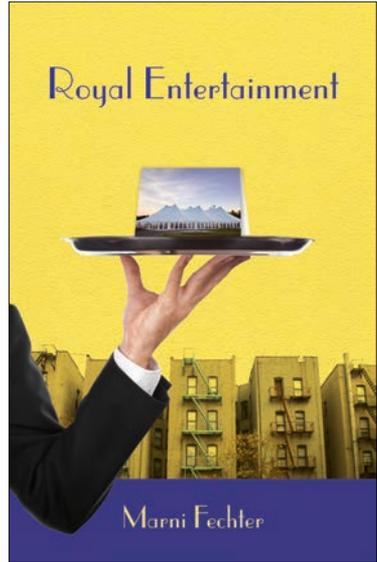
**After being fired from her job for blowing the whistle on her boss, social worker Melody Frank has to adapt to her new life as the assistant to an elite New York party planner.**

When bleeding heart Melody Frank blows the whistle on her boss, she gets fired from her social services job, and no one else in the field will touch her. Enter the fabulous Charles Ribbon, premier party producer for New York's rich and famous. Charles's assistant is out of commission, and he wants Melody to start working for him at Royal Entertainment right away.

Melody accepts the offer, and she is suddenly propelled from working with disabled children from low-income families to planning parties for New York's wealthiest elite. She soon proves that she has a talent for saving the day in this new world—but can she save herself?

"A pitch-perfect roman à clef that dishes on how the 1% lives and parties, even as it paints the soul of one man in such true tones and living colors that it carries the reader beyond class and manners to a glimpse of that unnamable starstuff out of which the heart is made."

—Peter Hayes, author of *The Supreme Adventure*, *The Feathered Serpent*, and *My Lady of the Blog*



© Vidua Barrios

**MARNI FECHTER** was born in New York City, where she has worked as an educational advocate and a party planner. While she has never worked in the Dakota Building, her cradle was used in the film *Rosemary's Baby*. She currently plans corporate events. *Royal Entertainment* is her first novel.

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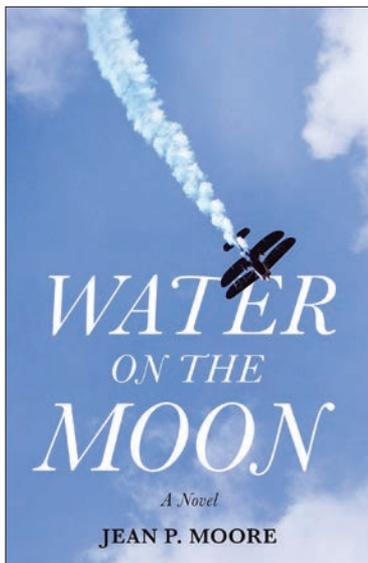
# Water on the Moon

A Novel

Jean P. Moore

**When her home is destroyed in a freak accident, Lidia Raven, a divorced mother of two, is plunged into a mystery that involves her entire family.**

After her Greenwich, Connecticut farmhouse is destroyed, Lidia Raven is shaken, but also thankful that her teenage twins, Carly and Clarisse, are unharmed and that her friend Polly has been kind enough to take them in. Lidia's already experienced a string of bad luck: her husband left her and the girls for another man, she lost her job in the financial crisis, and now she's lost her home. She fears more bad news is on its way—and when she discovers a connection between her and Tina Calderara, the pilot who crashed into her home, she's proven right. In the midst of her troubles, however, she meets Harry Caligan, the FBI Special Agent assigned to her case . . . and with his help, she plunges into the mystery linking her and her family to Calderara.



“A fusion of history, romance, and mystery, Moore's ambitious debut dazzles. With sympathetic characters who come alive, and with threads of Byron and Earhart cleverly woven throughout the pages, Moore spins a bewitching tale of hope, tragedy, and family secrets.”

—Lori Nelson Spielman, author of *The Life List*



© Steve Rubin

**JEAN P. MOORE** is a former English teacher and telecommunications executive whose writing has appeared in outlets including *upstreet*, *Distillery*, *Skirt*, *Long Island Woman*, and the *Hartford Courant*. She and her husband, Steve, and Sly, their black Lab, divide their time between Greenwich, CT and the Berkshires in Massachusetts, where Moore teaches yoga in the summers.

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# Letting Go into Perfect Love

*Discovering the Extraordinary After Abuse*

Gwendolyn M. Plano

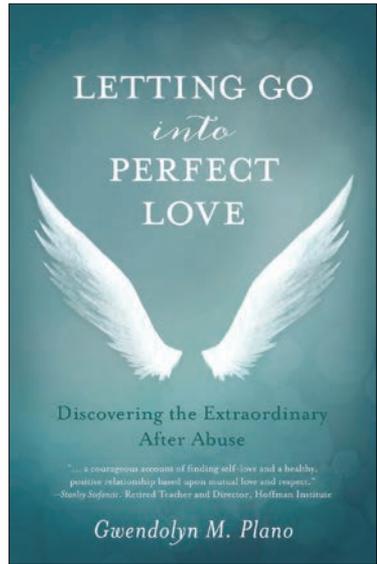
**After staying in an abusive marriage for twenty-five years, Gwen Plano finally breaks free—and starts down the long road toward healing.**

As a college administrator, Gwen Plano lived her professional life in a highly visible and accountable space—but as wife and mother, after hours and behind closed doors, she experienced the daily terror of domestic violence. It was her secret; it was her shame. But when her husband turned his brutality on her son, she could no longer stay quiet.

In *Letting Go into Perfect Love*, Plano recounts her experiences as the victim in a twenty-five-year abusive marriage, and as a survivor who came out of that relationship determined to start over, artfully depicting the challenges and triumphs of balancing the obligations of motherhood and career with her family's healing process. Alternately heart-wrenching and joyful, this is a story of triumph over adversity—one woman's inspiring account of learning how to forgive the unforgivable, recover her sense of self, open her heart, and honor the journey home.

"In writing of her life lessons, Gwen Plano allows her readers to reconnect with the painful moments in their own lives and to use those moments to walk a path toward healing and life fulfillment—through transcendence and forgiveness."

—Brenda Borron, Professor of English, Irvine Valley College



**GWENDOLYN M. PLANO** has a master's in theology from the University of the State of New York, a master's in counseling from Iona College, and a PhD in education from Columbia University. She has taught and served as an administrator in colleges in New York, Connecticut, and California. Plano is also a Reiki Master and a Certified LifeLine Practitioner.

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\$16.95

256 pages

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# Her Name is Kaur

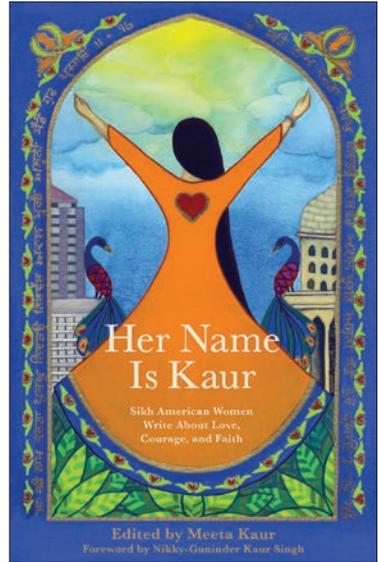
*Sikh American Women Write About Love, Courage, and Faith*

Edited by Meeta Kaur

Foreword by Nikky-Guninder Kaur Singh

**A collection of essays by Sikh American women exploring the concept of love in the context of the modern landscape and influences that shape their lives.**

Sikh American women do the lion's share of organizing and executing the business of the Sikh community, and they straddle multiple lives and worlds—cross-cultural, interreligious, intergenerational, occupational, and domestic—yet their experiences of faith, family, and community are virtually invisible in the North American milieu and have yet to be understood, documented, or shared. Until now.



In *Her Name is Kaur*, Sikh American women explore the concept of love from many angles, offering rich, critical insight into the lives of Sikh women in America. Through a chorus of multi-generational voices—in essays ranging in tone from dramatic to humorous—they share stories of growing into and experiencing self-love, spiritual love, love within family, romantic love, the love they nurture for humanity and the world through their professional work, and more. Eye-opening and multifaceted, this collection of stories encourages its readers to take the feeling of love and turn it into action—practical action that will make the world a better place to be for everyone, regardless of their faith or creed.

“The courage coursing through each story is unmistakable—and reveals what it means to be a Kaur: with love as her moral compass, she becomes the one she is waiting for.”

—Valarie Kaur, National Interfaith Leader and Founder of Groundswell



© Jasmin Channa

**MEETA KAUR** has written for NPR, *Hyphen Magazine*, *Sikh Chic*, and *Asian Week*, and has been awarded the Hedgebrook Residency for fiction and The Elizabeth George grant for fiction. She is the managing editor of the Sikh Love Stories Project, a storytelling project that reveals the inner lives of Sikh American women and men exploring love in revolutionary ways.

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5.5" x 8.5" paperback

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# A Tight Grip

*A Novel about Golf, Love Affairs,  
and Women of a Certain Age*

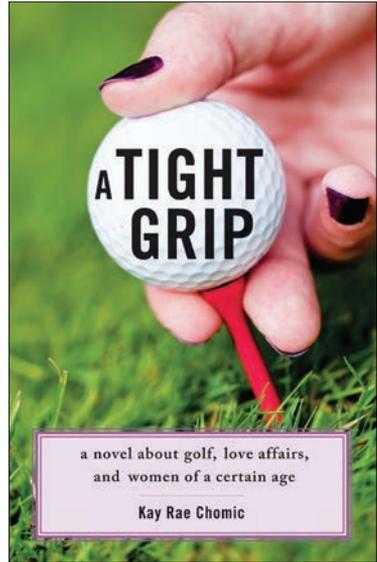
Kay Rae Chomic

As forty-six-year-old golfer Jane “Par” Parker prepares for her next tournament, she experiences a chain of events that force her to reevaluate her life.

Some people might think that, at age forty-six, Jane “Par” Parker is too old to win golf tournaments; too old to fear her mother; and too old, after twenty years, to still feel such heavy grief over the murder of her father. But Par has an obsessively tight grip on the past, and no one can tell her to live her life otherwise—not even her three best friends: Pinky, a petite, bossy 911 dispatcher, Carmen, a pot-smoking, dessert-loving masseuse-in-training, and Gail, a business professor, wife of a prison guard, and unlikely romantic.

Par is busy preparing for an upcoming tournament, and things are looking good for her—right up until she has to spend a night in jail for a bogus DUI charge and ends up on the front page of her local newspaper as a result. As the week unfolds and Par comes up against one challenge after another, she’s forced to decide: either continue to cling to her memories, or seize the opportunity to evolve and let go of the past once and for all.

“A must-read for any woman who plays golf. A great book to read on the beach, on vacation, or as a fun escape with characters you might like as friends.”  
—Elaine Crosby, LPGA and Legends Tour Member



© Marc Hoffman/SongbirdPhoto.com

**KAY RAE CHOMIC** is a writer and former competitive golfer who has a BA in marketing from Michigan State University and a MBA in management from Golden Gate University. When she’s not writing or working on the business of writing, Chomic loves to swim, travel, and promote literacy by working as a tutor.

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# *In the Shadow of Lies*

A Mystery Novel

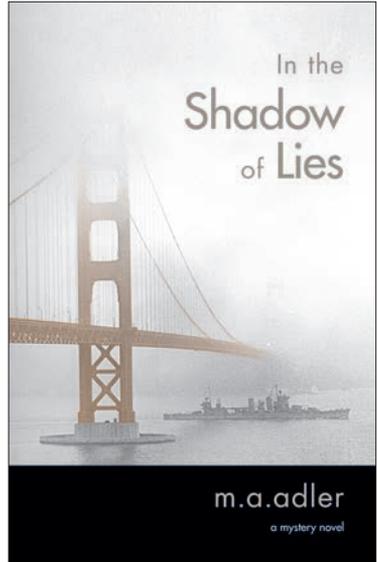
M.A. Adler

As World War II comes to a close, homicide detective Oliver Wright returns home only to find himself leading the investigation of a complicated murder case rife with racial tensions.

Richmond, California. World War II. A cross burning takes innocent lives and unsettles the town. After Japan attacks Pearl Harbor, American Italians start to disappear, a rapist promises to revisit his victims, and someone viciously beats shipyard workers—to death. His failure to solve these seemingly unrelated events haunts homicide detective Oliver Wright, even after he reenlists in the Marines and finds himself fighting in the Pacific.

Oliver returns to Richmond near the end of the war, injured and afraid his career is over. But when an Italian Prisoner of War is murdered the night the Port Chicago Mutiny verdicts are announced, and black soldiers are suspected of the crime, the Army asks Oliver to find out the truth. He joins forces with an Italian POW captain and with a black MP embittered by a segregated military. During their investigation, these unlikely allies expose layers of deceit and violence that stretch back to World War I.

*In the Shadow of Lies* reveals the darkness and turmoil of the Bay Area during World War II, while celebrating the spirit of the everyday people who made up the home front. Its intriguing characters will resonate with the reader long after its deftly intertwined mysteries are solved.



© J.R.H. Adler

**M. A. ADLER** is a writer and photographer who lived in Point Richmond as a child and later moved to Ohio, where she became an attorney and a dean at Case Western Reserve University School of Medicine before returning to live in Northern California. Her images and writing have appeared in *Northern Ohio Live* magazine.

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# The Great Healthy Yard Project

*Our Yards, Our Children,*

*Our Responsibility*

Diane Lewis, MD

A comprehensive look at the ways in which we are polluting our own drinking water here in the US—and what we can do to turn things around.

A 2013 study released by the United States Geological Survey found that the chemicals we're putting in our yards are now in every stream, river, and lake, and half of our well water—all the sources of our drinking water. But what, exactly, are these chemicals, and what do they do to us? And how do they get from our yards to our taps?

In *The Great Healthy Yard Project*, physician Diane Lewis describes in cogent, nuanced terms how we are polluting our drinking water and how it's putting our children's future at risk—and she offers a surprisingly easy way to chart a happier, healthier course forward, starting with changing the way we steward our yards.

"Lewis brings us findings on the links between lawn and garden chemicals and childhood diseases such as autism, ADHD, diabetes, and obesity. Who wouldn't trade a green lawn to protect their children's health?"

—Jayni and Chevy Chase



© Danielle Sridair

**DIANE LEWIS, MD**, is a nephrologist, an environmental health consultant, and a freelance reporter writing primarily on matters relating to health and the environment. She currently chairs the Water and Land Use Task Force for the nonprofit organization Bedford 2020 and is a member of the Rachel Carson Awards Council for Audubon Women in Conservation.

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\$24.95

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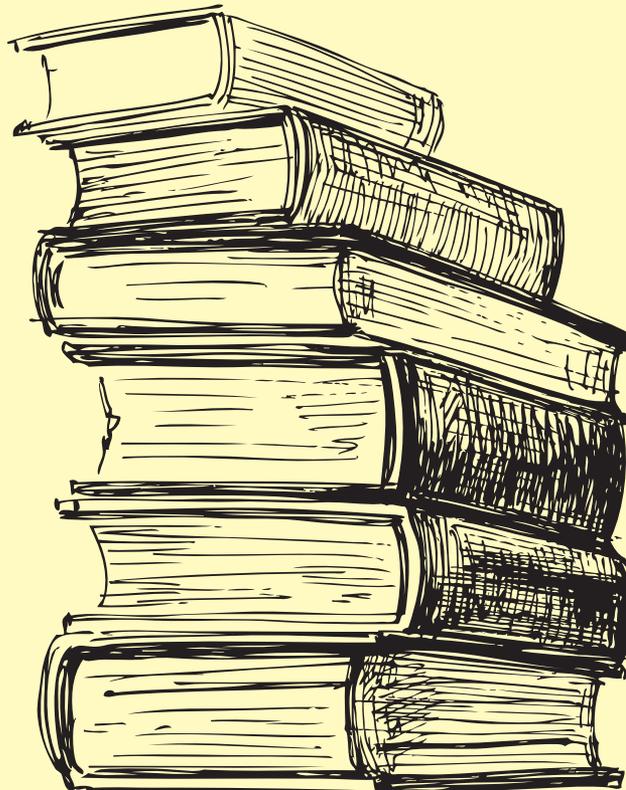
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# FALL 2014



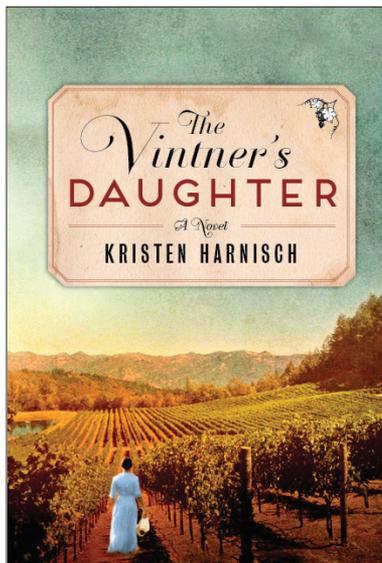
# The Vintner's Daughter

A Novel

Kristen Harnisch

The compelling tale of one woman's struggle to reclaim her family's Loire Valley vineyard—and her life—set against the sweeping canvas of French and California vineyard life in the late 1890s.

After Sara Thibault's father is killed in a mudslide, her desperate mother sells their vineyard to a rival family, the Lemieuxs. The eldest son, Bastien, a man prone to violent rages, takes over the vineyard and marries Sara's pregnant sister—but when he attacks Sara one day, she is forced to kill him in self-defense, and she flees with her sister to America to escape prosecution.

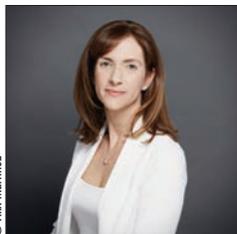


Bastien's younger brother Philippe has lived in California for the last six years. His goal is to own the most productive vineyard in Napa by 1900, but when he receives word of Bastien's death, he sets his sights on a new ambition: to bring his brother's killer to justice. When Sara encounters Philippe in a Carneros, California vineyard, he is unaware of her identity, but she knows exactly who he is: the one man who could either return her family's vineyard to her or send her straight to the guillotine. Ultimately, Sara must decide whether to let her crime and society's conventions define her—or to overcome the obstacles before her and establish a modern life on her own terms.

Absorbing and suspenseful, *The Vintner's Daughter* is a fast-paced epic of betrayal, retribution, love, and redemption.

"Lush and evocative, this novel brings the Loire Valley and its glorious vineyards to life in a story that will delight readers everywhere. Enjoy with your favorite glass of Merlot!"

—Adriana Trigiani, bestselling author of *The Shoemaker's Wife*



© Alix Martinez

**KRISTEN HARNISCH** drew upon her extensive research and experiences living in San Francisco and visiting the Loire Valley to create the story for *The Vintner's Daughter*. She has a degree in economics from Villanova University, and lives in Connecticut. Visit her at [www.kristenharnisch.com](http://www.kristenharnisch.com) or @KristenHarnisch.

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# Portrait of a Woman in White

A Novel

Susan Winkler

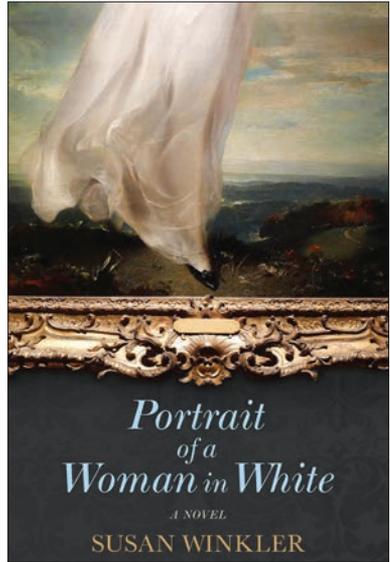
When a Matisse portrait is looted by the Nazis from family of art-lovers in Paris, the eccentric Rosenswigs are thrust into the tumult of war and separation, their fates intertwined with that of their beloved portrait.

France, 1940. Nazi forces march towards Paris. Lili Rosenswig's wealthy and eccentric family is ensconced in their country chateau with their sumptuous collection of arts and antiques. The beloved Matisse portrait of Lili's mother has been brought from their Paris salon for safety. It is the day before young lovers Lili and Paul are to be married that they are forced to flee and their fortunes change irrevocably. Lili and her family escape, but Paul must stay behind to defend his country.

In their struggle to adapt to changing circumstances in an unpredictable world, all are pushed to reinvent themselves. When top Nazi Herman Goring loots their Matisse portrait, their story is intertwined with the fate of the painting. *Portrait of a Woman in White* is a moving family saga, an obsessive search for lost love and lost art and an exploration of how far we will go.

"Two cultured French families lose everything in the Second World War, even each other. Winkler spins from this tragic tale a thing of beauty, as delicately radiant as the imagined painting at its core, even as she keeps the pages turning until the end."

—Nicole Mones, author of *Night in Shanghai*



© Jordan Winkler

**SUSAN WINKLER** is the author of the four editions of *The Paris Shopping Companion* and a former print journalist for Fairchild Publications in New York. She studied French literature at Bennington College (BA), Stanford University (MA), L'Academie in Paris, and the University of Geneva. She lives in Portland, Oregon with her family.

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# Her Beautiful Brain

A Memoir

Ann Hedreen

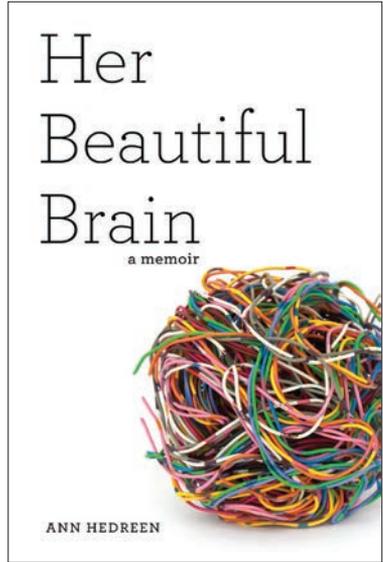
The heartbreaking story of a daughter's experiences as her beautiful, brainy mother begins to lose her mind to an unforgiving disease: Alzheimer's.

Arlene was a twice-divorced, once-widowed copper miner's daughter who raised six kids singlehandedly and went back to college at forty so she could support her family. In her late fifties, she started showing signs of Alzheimer's disease—and in the two decades that followed, her children were forced to stand helplessly by as their mother's once-beautiful brain was slowly choked by plaques and tangles.

In this poignant memoir, Ann Hedreen gives shattering insight into what it is to watch your mother—a woman you once thought of as invincible—begin to disappear. From Seattle to Haiti to the mine-gouged Finntown neighborhood in Butte, Montana where Arlene was born and raised, *Her Beautiful Brain* tells the heartbreaking story of a daughter's love for a mother lost in the wilderness of an unpredictable and harrowing illness.

"*Her Beautiful Brain* is an inspiration. It's a book that will be read and loved by anyone who, watching a parent slip away, has struggled to make sense of this loss."

—Ruth Ozeki, author of *A Tale for the Time Being* and *My Year of Meats*



© Rustin Thompson

**ANN HEDREEN** is a writer, filmmaker, and teacher, and the voice of the radio podcast and blog *The Restless Nest*. She and her husband, Rustin Thompson, own White Noise Productions and have made more than 100 films together, including the award-winning 2004 documentary *Quick Brown Fox: An Alzheimer's Story*. She lives in Seattle.

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# ***The Coconut Latitudes*** ***Secrets, Storms, and Survival in the Caribbean*** Rita M. Gardner

**A haunting, lyrical memoir of surviving a reality far from the envisioned Eden—and of the terrible cost of keeping secrets.**

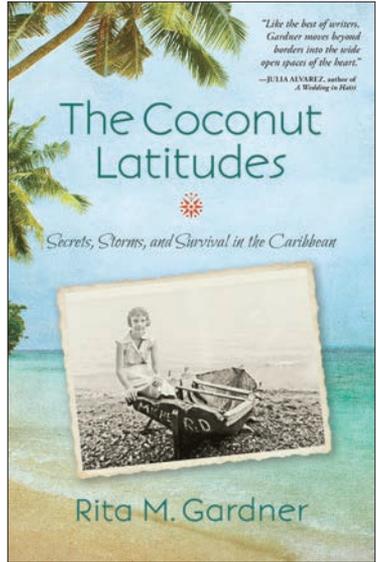
A father makes the fateful decision to leave a successful career in the US behind and move to an isolated beach in the Dominican Republic. He plants ten thousand coconut seedlings, transplants his wife and two young daughters to a small village, and declares they are the luckiest people alive.

In reality, the family is in the path of hurricanes and in the grip of a brutal dictator, Rafael Trujillo—and the children are additionally under the thumb of an increasingly volatile and alcoholic father.

Set against a backdrop of shimmering palms and kaleidoscope sunsets, *The Coconut Latitudes* is Rita M. Gardner's compelling memoir of a childhood in paradise, a journey into unexpected misery, and a twisted path to redemption and truth.

"In this riveting coming-of-age story, Gardner paints an exquisite portrait of her family's rupture in paradise."

—Julia Scheeres, author of *Jesus Land* and *A Thousand Lives*



**RITA M. GARDNER'S** published essays, articles, poems, and photographs have appeared in various literary journals, travel magazines, and newspapers, and she has been awarded writing residencies at Hedgebrook (Washington) and LitCamp (California). She lives in the bay region of Northern California.

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# Green Nails and Other Acts of Rebellion

Life After Loss

Elaine Soloway

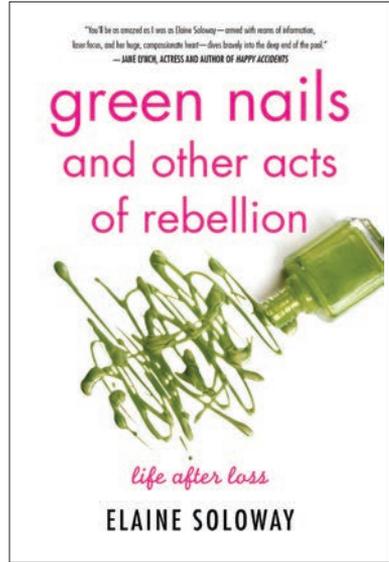
Elaine Soloway's honest, often humorous account of the joys and pains of caregiving for a loved one with a debilitating illness.

Early in 2009, after more than a decade of marriage, Elaine Soloway's husband, Tommy, began to change—exhibiting inappropriate behaviors at times, becoming inexplicably weepy at others. More troublesome, he began to have difficulty finding words. Ultimately, Tommy's doctors discovered that he had frontotemporal degeneration—a diagnosis that explained Tommy's baffling symptoms and transformed Soloway from irritated wife to unflappable, devoted caregiver in one fell swoop.

In *Green Nails and Other Acts of Rebellion* Soloway documents Tommy's deteriorating health and eventual death, shedding light on the day-to-day realities of those who assume the caregiver role in a relationship with uncompromising honesty and wry humor. Charming, frank, and ultimately uplifting, Soloway's story reveals how rich with love and appreciation a life compromised by an incurable illness can be—and how even widowhood can open a door to a new, invigorated life.

"You'll be as amazed as I was as Elaine Soloway—armed with reams of information, laser focus, and her huge, compassionate heart—dives bravely into the deep end of the pool."

—Jane Lynch, actress and author of *Happy Accidents*



© Ron Gould, Ron Gould Studios

**ELAINE SOLOWAY** is the author of the memoir *The Division Street Princess*, the novel *She's Not The Type*, and a contributor to the anthology *Ask Me About My Divorce*. A public relations consultant for thirty years, she also writes the blogs *The Rookie Widow*, *The Rookie Caregiver*, and *Too Old To Talk Tech*. She lives in Chicago.

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# After Midnight

A Novel

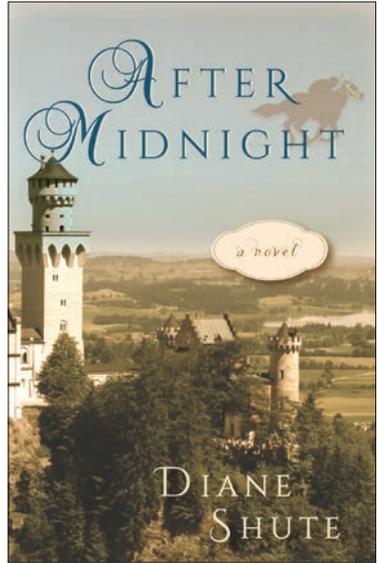
Diane Shute

When horse breeder Alix is forced to temporarily swap places with her estranged twin sister—the wife of an English lord—her forgotten past begins to resurface.

As far as Alix is concerned, she has no past—she only has today, and her plans for the future: raising a dynamic string of racehorses that will take the 1830s British racing world by storm.

Then Lily, Alix's estranged twin sister, forces Alix into a position that will drastically alter the course of her life. Spoiled, selfish Lily is the wife of an English lord who she married for his money and social standing, but she has just discovered that she is expecting a child—the result of her most recent affair—and she concocts a complex scheme to change places with Alix until arrangements for the infant's care can be made.

As Lily's husband, Nicholas, grows increasingly suspicious about her true identity, Alix begins to have nightmares about the past she has forgotten. Desperate to unravel the mystery, she finally seeks the aid of her uncle—and sparks a quest to reclaim the family's former life in France.



© Aytrek Empire Photography

**DIANE SHUTE** grew up in the Salinas Valley in the shadow of creative giants like John Steinbeck and Alfred Hitchcock—and her father inspired her to write before she could even read. She still lives in Central California, and has written *After Midnight* for her children and grandchildren, hoping to inspire a future generation to create literary art.

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# The Sweetness

A Novel

Sande Boritz Berger

**A compelling and powerful story of two girls—cousins living on separate continents—whose strikingly different lives are forever changed when the Nazis invade Vilna, Lithuania.**

A young girl and her family are forced out on the street by the invading Nazis, and across the ocean, a teenager sneaks from her house before she's caught wearing nylons and a penciled-in beauty mark.

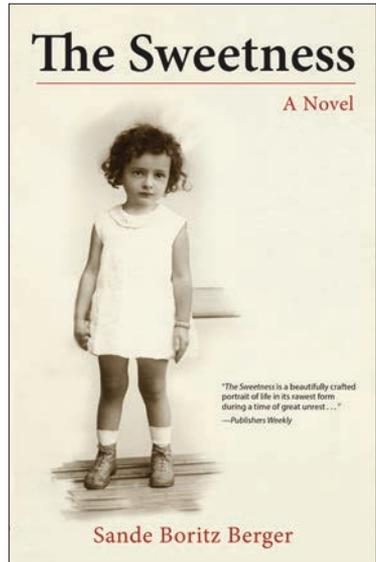
Though first cousins, the lives of Mira Kane and Roshia Kaninsky are dramatically different: Brooklyn-born Mira is the artistically gifted eighteen-year-old daughter of Charles Kane, a successful manufacturer of women's knitwear in New York's garment center; Lithuanian-born Roshia, eight, is the lone survivor of her family exterminated by the Nazis.

While she dreams of escaping to Hollywood for a career in fashion design, the headstrong Mira finds her ambitions abruptly thwarted when a devastating letter bearing news from abroad arrives.

At once tragic and heartwarming, *The Sweetness* is the poignant, parallel tale of two girls living on separate continents whose strikingly different lives promise to ultimately converge.

"Sande Boritz Berger's impressive debut novel examines the lives of two Jewish girls, cousins, separated by an ocean and connected by brutal world events. Ms. Berger doesn't shrink from the rough history that informs her heroines' lives, but she mitigates its harshness with a deep measure of sympathy and hope."

—Hilma Wolitzer, author of *An Available Man*



© Richard Lewin

**SANDE BORITZ BERGER** spent two decades as a scriptwriter and video/film producer for Fortune 500 companies before returning to writing fiction and non-fiction full time. Her stories and essays have appeared in publications including *Every Woman Has a Story* (Warner Books), *Ophelia's Mom* (Crown) and *Aunties: Thirty-Five Writers Celebrate Their Other Mother* (Ballantine).

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# All the Light There Was

A Novel

Nancy Kricorian

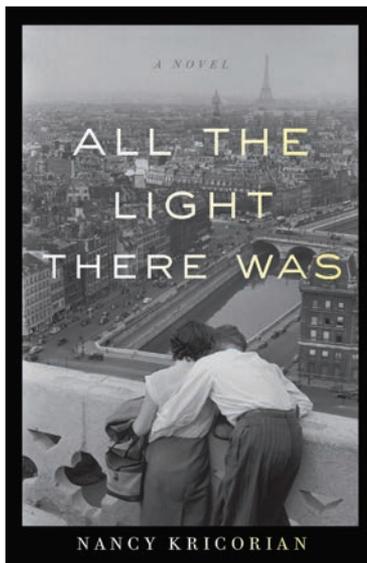
**A lyrical, finely wrought tale of loyalty, love, and the many faces of resistance, told from the perspective of an Armenian girl living in Paris during the Nazi occupation of the 1940s.**

On the day the Nazis march down the rue de Belleville, fourteen-year-old Maral Pegorian is living with her family in Paris, where, like many other Armenians who survived the genocide in their homeland, her parents have come to build a new life. The adults immediately set about gathering food and provisions, bracing for the deprivation they know all too well—but Maral, her brother Missak, and their close friends Zaven and Barkev are spurred to action of another sort, finding secret and not-so-secret ways to resist their oppressors.

When Zaven and Barkev flee to avoid conscription, Maral finally realizes that the Occupation is not simply a temporary outrage to be endured—and when only one brother returns after many fraught months, the contours of Maral's world are changed irrevocably.

"Moving . . . With a bittersweet love story, examples of everyday heroism, and a community refusing to give in to tyrants, Kricorian's work sheds even more light on the German occupation of France."

—*Library Journal*



© James Schamus

**NANCY KRICORIAN** is a widely published essayist and social activist who grew up in the Armenian community of Watertown, Massachusetts. She is the author of the novels *Zabelle* and *Dreams of Bread and Fire*. Nancy is currently based in New York City.

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# Faint Promise of Rain

A Novel

Anjali Mitter Duva

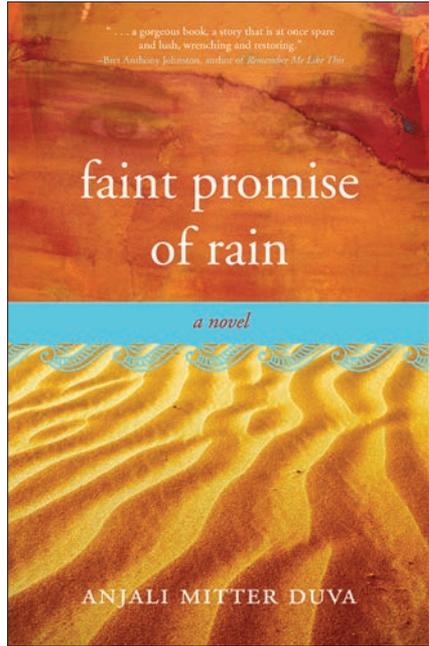
Adhira, a young girl born to a family of Hindu temple dancers, is raised to be dutiful—but ultimately, as the world around her changes, it is her own bold choice that will determine the fate of her family and of their tradition.

It is 1554 in the desert of Rajasthan, and a new Mughal emperor is expanding his territory. On a rare night of rain, a daughter, Adhira, is born to a family of Hindu temple dancers. Fearing a bleak future, her father—against his wife and sons' protests—puts his faith in tradition and in his last child for each to save the other: he insists Adhira "marry" the temple deity and give herself to a wealthy patron.

After one terrible evening, Adhira makes a bold choice that carries her family's story and their dance to a startling new beginning. Told from the perspective of this exquisite dancer and filled with the sounds, sights and flavors of the Indian desert, *Faint Promise of Rain* is the story of a family and a girl caught between art, duty, and fear in a changing world.

"*FAINT PROMISE OF RAIN* is a gorgeous book, a story that is at once spare and lush, wrenching and restoring. The characters are so fully realized, so keenly nuanced, that they linger with you long after the last page, like the sweet smell of a recent storm."

—Bret Anthony Johnston, Director of Creative Writing, Harvard University, and author of *Remember Me Like This*



© Penny Lennox

**ANJALI MITTER DUVA** is a writer who grew up in France and has family roots in Calcutta. She is a co-founder of Chhandika, an organization that teaches and presents India's classical kathak dance. She lives near Boston with her husband and two daughters.

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# Where Have I Been All My Life?

*A Journey Toward Love and Wholeness*

Cheryl Rice

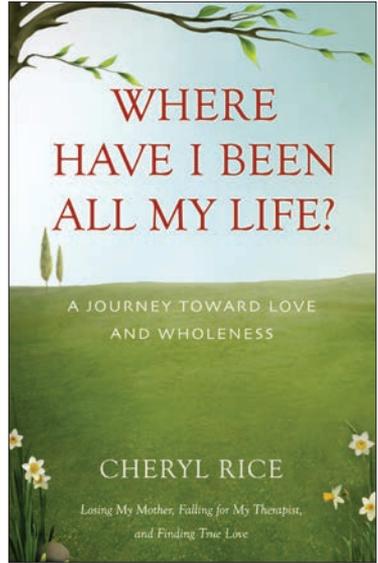
When Cheryl Rice's mother died unexpectedly, it launched her on a journey into the deepest parts of grief—and, ultimately, toward love and wholeness.

*Where Have I Been All My Life?* is a compelling memoir recounting one woman's journey through grief and a profound feeling of unworthiness to wholeness and healing. It begins with the chillingly sudden death of Rice's mother, and is followed by her foray into the center of mourning. With wisdom, grace, and humor, Rice recounts the grief games she plays in an effort to resurrect her mother; her misguided efforts to get her therapist to run away with her (or at least accept her gifts); and the transformation of her husband from fantasy man to ordinary guy to superhero. In the process, she experiences aching revelations about her family and her past—and realizes what she must leave behind, and what she can carry forward with her.

Poignant, tender, and sometimes hilarious, *Where Have I Been All My Life?* is Rice's universally relatable story of how she found sustenance for the difficult—but vital—journey toward love and wholeness in an unexpected place: herself.

"Told with grace and clarity, *Where Have I Been All My Life?* is an emotionally naked, beautifully moving, and ultimately uplifting memoir. You be stirred by Cheryl's journey to forgive the past, speak her truth, and find new heights of self-worth."

—Selena Rezvani, author of *Pushback: How Smart Women Ask—And Stand up—For What They Want*



© Susan Beard, Susan Beard Design



**CHERYL RICE** is a professional speaker and coach.

Her company, Your Voice Your Vision, partners with women striving to be leaders in their own lives. When Rice decided to take the advice she so passionately offers her clients, she emerged with a memoir. Her essays have appeared in *The Philadelphia Inquirer*, *Cactus Heart*, and *Cure Magazine*. Rice has MS degrees in both psychological services and organization development, and lives with her family outside of Philadelphia. [www.YourVoiceYourVision.com](http://www.YourVoiceYourVision.com).

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# Say It Out Loud

Revealing and Healing the Scars of  
Sexual Abuse

Roberta Dolan

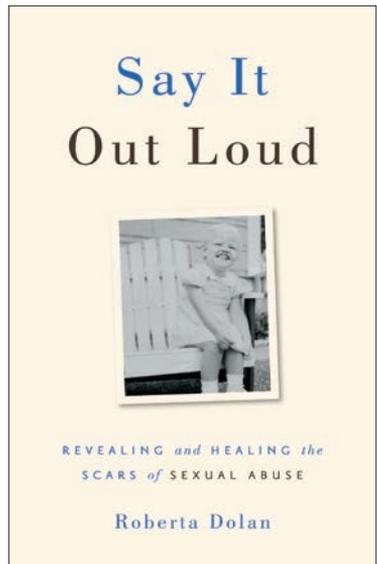
An in-depth guide to healing the wounds caused by sexual abuse, written by a survivor who's lived the process firsthand.

Breaking the silence about sexual abuse is vital—but it's only the first step. What happens next? For most survivors, the wounds caused by such abuse are often left to fester, slowly destroying their lives.

*Say It Out Loud*—a unique blend of memoir and how-to—exposes the emotional scars of sexual abuse and explains the process of healing. In straightforward prose, step by step, Roberta Dolan provides readers with tangible healing strategies, including journaling, visualization, and more, that she employed during her own years in therapy for a childhood of sexual abuse. Inspiring and accessible, *Say It Out Loud* offers guidance and support for any kind of healing journey, equipping readers with the skills and courage to transform a life of darkness into one of joy.

"I strongly recommend reading this book to help you to release whatever pain exists within you and to restore your own life and body."

—Bernie Siegel, MD, author of *365 Prescriptions for the Soul* and *101 Exercises for the Soul*



© Abigail Scott Photography

**ROBERTA DOLAN** is a former special education teacher with a master's degree in counseling. She writes a blog, *Write to Survive*, and her personal story of hope for all victims of sexual abuse was published in RAINN's online journal, *End the Silence*. Dolan also founded the Writers' Network of Central Connecticut.

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# ***Building Blocks for Reflective Communication***

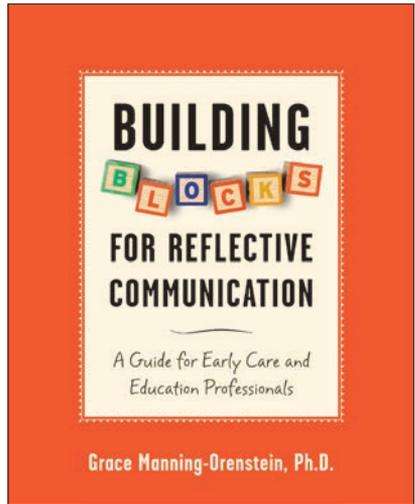
*A Guide for Early Care and Education Professionals*

Grace Manning-Orenstein, PhD

An informative, empowering guide to dealing positively with the stressors unique to early childhood care and education, designed for those who work in the field.

In the United States today, more than 11 million children five years of age and under spend part of each day in the professional care of 21 million early childhood caregivers. Anyone connected to this field, whether they be administrators, teachers, parents, mental health consultants, early childhood mental health agencies, or universities, will want to learn about the unique stressors of this emotionally charged environment and its impact on the individuals who work there.

Intended to provide communication skills that deal positively with the powerful emotions triggered by stress, *Building Blocks for Reflective Communication* will help people express themselves honestly and authentically while at the same time showing respect for their colleagues. Empowering, straightforward, and accessible, this book is a source of calm for those tense moments when teacher relationships hang in the balance.



© Don Melandry

**GRACE MANNING-ORENSTEIN** has a PhD in Clinical Psychology and is a licensed Marriage and Family Therapist and a certified Montessori teacher at a school she founded, Montessori Children's Community. In 1996 she founded The Link to Children (TLC) to provide on-site counseling services to children and parents, and consultation to teachers, at subsidized child development centers in Alameda County.

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# What is Found, What is Lost

A Novel

Anne Leigh Parrish

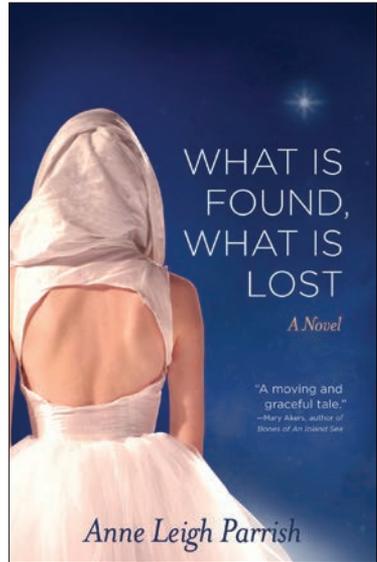
**A series of family crises force Freddie, a woman raised on religion, to confront long-held questions about her faith.**

Freddie was raised on faith. It's in her blood. Yet rather than seeking solace from the Almighty when she loses her husband of many years, she enters a state of quiet contemplation—until her daughter, and then her sister, each come home with a host of problems of their own, and her solitude is brought to an end.

As Freddie helps her daughter and sister deal with their troubles, her own painful past—a wretched childhood at the hands of an unbalanced, pious mother—begins to occupy her thoughts more than ever, as does Anna, the grandmother she's always wished she'd known better. Freddie feels that she and Anna are connected, not just through blood but through the raising of difficult daughters, and it's a kinship that makes her wonder what unseen forces have shaped her life. With all that to hand, a new family crisis rears its head—and it forces Freddie to confront the questions she's asked so many times: What does it mean to believe in God? And does God even care?

"Parrish, in clear, deft prose, explores the meaning of motherhood, faith, loyalty, and tenderness; effortless, she carries her readers through four generations of one family's checkered history of love."

—Mary Akers, author of *Bones Of An Inland Sea*



© John Christiansen

**ANNE LEIGH PARRISH** is the fiction editor for the online literary magazine *Eclectica*. Her debut story collection, *All The Roads That Lead From Home* (Press 53) won a silver medal in the 2012 Independent Publisher Book Awards; her second collection, *Our Love Could Light The World*, (She Writes Press) is a Kirkus Reviews recommended Indie title. She lives in Seattle.

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# Trespassers

Andrea Miles

**Sexual abuse survivor Melanie must make a choice: choose forgiveness and begin to heal from her emotional wounds, or exact revenge for the crimes committed against her—even if it destroys her family.**

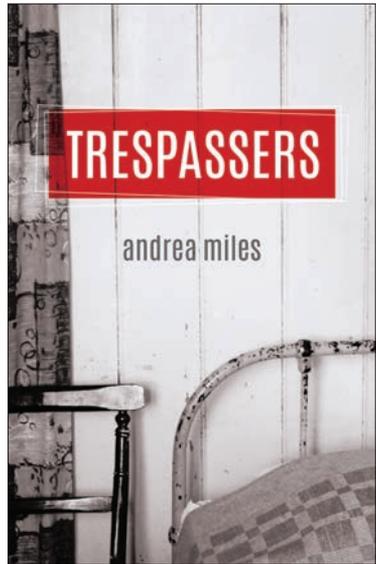
Years after suffering sexual and verbal abuse at the hands of her stepfather, Melanie is still haunted by her past. Her husband, Julius—a cop, and thus experienced in dealing with crime and punishment—struggles to understand his wife’s silent pain, but he can’t give her the closure she needs.

Determined to exorcise her past, Melanie must choose between revenge and forgiveness. The first may destroy her marriage—but she’s not convinced that the second will bring her the peace of mind she so desperately yearns for.

Haunting and hard-edged, *Trespassers* is an unflinching exploration of what happens to an individual—and a family—in the aftermath of abuse.

“Miles’s characters are very human and their longing for connection is palpable. *Trespassers* is a brave and powerful novel.”

—Amy Koppelman, author of *A Mouthful of Air* and *I Smile Back*



© Greg Martin

**ANDREA MILES** earned her Masters of Professional Writing from the University of Southern California. Originally from Pocomoke, MD, she currently lives in Birmingham, AL with her husband and three children. *Trespassers* is her first novel. To learn more, visit her at [www.andreamiles.com](http://www.andreamiles.com).

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# A Cup of Redemption

A Novel

Carole Bumpus

**Three women, each with their own secrets and shames, seek to make peace with their pasts and carve out new identities for themselves.**

Like the braiding of three strands of brioche, the lives of three women—Sophie Zabél Sullivan, Marcelle Pourrette Zabél, and Kate Barrington—become inextricably intertwined as each struggles to resolve issues from past wars that have profoundly impacted their lives.

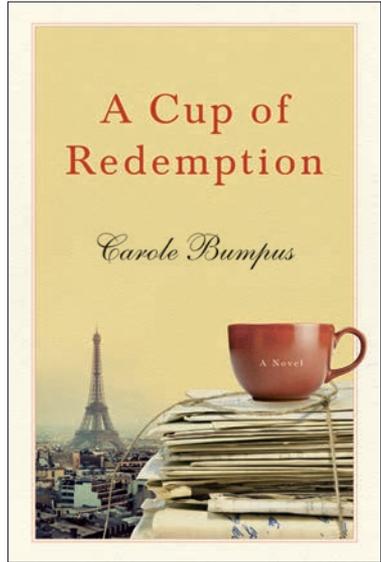
Sophie believed her childhood nightmares were safely behind her once she married and moved to the U.S. from France—until she is called to her mother, Marcelle's, deathbed to honor one final request: "Search for my father! Search for Pourrette!"

Born on the last day of World War I, Marcelle, whose life epitomizes the human cost of war, never knew her father, yet carried the Pourrette name, along with the shame of illegitimacy, as did her two oldest sons born during World War II.

Enlisting the expertise of a friend and family therapist, Sophie encourages Kate to join her in France to help find her grandfather scour the stain of illegitimacy from her family's name.

Unbeknownst to Sophie, Kate's 34-year-old illegitimate daughter, given up for adoption during the Vietnam War, has recently reappeared. Kate, struggling with her own shame and guilt, pushes aside her feelings to join Sophie in France.

Rising out of the collateral damage wrought by war, *A Cup of Redemption* is a touching story about love, loss, and the search for identity.



© Bennington Photography

**CAROLE BUMPUS** is a retired family therapist. She writes *Savoring the Olde Ways*, a food/travel blog taken from excerpts of her interviews with French and Italian families, and her articles on food have been published in both the US and France.

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# Dearest Ones at Home

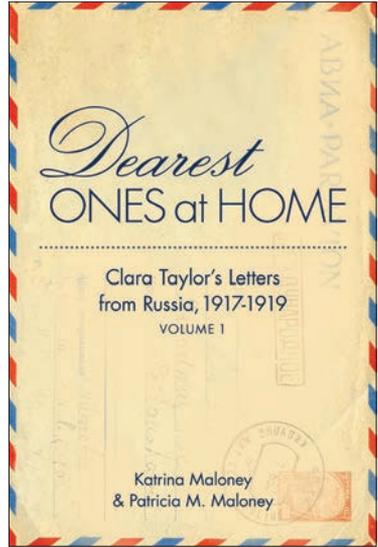
Clara Taylor's Letters from Russia,  
1917-1919, Volume 1

Edited by Katrina Maloney &  
Patricia M. Maloney

Clara Taylor's detailed, delightful letters documenting her two years in Russia teaching factory girls self-sufficiency skills—right in the middle of World War I.

In the early 1900s, the United States YWCA began recruiting women for international service from many countries, and from many disciplines. Clara Taylor, who graduated from the University of Wisconsin, Madison in 1910 with a degree in economics, was one of those women. Clara was initially hired by the YWCA to inspect factories and report on the conditions of working women abroad—but when the organization asked her to take on a two-year teaching stint in Russia in 1917, she couldn't refuse.

Edited by Katrina Maloney and Patricia M. Maloney—Clara's great-grandniece and grandniece, respectively—*Dearest Ones at Home* is a collection of the letters Clara wrote during her time in Russia, accompanied by short historical essays that shed insight on those years. From teaching English, home economics, bookkeeping, and basketball to Russian factory girls to attending the Moscow ballet, Clara ("Teke" to her family) documents her "Russian Adventure" in these more than seventy letters with good humor and vivid detail—and in doing so offers a unique window into an American women's experiences abroad during this turbulent time in history.



**KATRINA MALONEY**, a former college professor of natural sciences, was born and raised in suburban Connecticut, but now lives and writes on a small farm in southern New Hampshire.

**PATRICIA M. MALONEY** grew up in Nebraska but raised her three children in Connecticut. A retired Director of Christian Education, she now enjoys boating and swimming at her lake cottage and traveling abroad.



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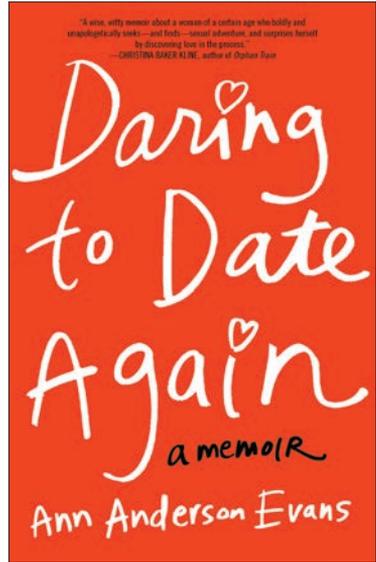
# Daring to Date Again

A Memoir

Ann Anderson Evans

**A hilarious, no-holds-barred memoir about a legal secretary turned professor, raised in the fifties, who dives back into the dating pool headfirst.**

Ann has two kids, two careers, two divorces, and a pile of friends, and she sings soprano in her church choir. But after twelve years single, she is sick of celibacy. She's been through enough to know that marriage is not what she was brought up to expect, and that love can be slippery and uncertain, but with a re-awakened libido and a longing for adventure, she steps outside her comfort zone—embarking on a boundary-pushing, soul-searching journey into the world of online dating.



Ranging from Montclair, New Jersey to Harare, Zimbabwe, *Daring to Date Again: A Memoir* is a compelling, often racy memoir of one woman's late-life adventures with sex and dating in the modern world. As she rollicks (and bawls) her way through dozens of relationships, Evans tackles some touchy topics with humor and insight: the morality of dating married men, whether women over sixty should consider having children, how much of an age difference is too much, and more. Daring, frank, and a little bit nutty, *Daring to Date Again* is a story about what happens when a lonely, sex-starved, sixty-year-old woman decides to put herself on the market again—but on her own terms.

"Ann Anderson Evans details how a sophisticated lady of the Internet era opens doors to serious relationships. It's a manual for sexy, smart people of a certain age, of either sex."

—Ford Burkhart, Pulitzer Prize "Winner," *New York Times*



© Mia Wolff

**ANN ANDERSON EVANS** is a writer, linguist, and professor who has traveled and lived in many countries and speaks six languages. Her writing has appeared in *Phantasmagoria*, *Words and Images*, *Phoebe*, *Ozone Park Journal*, *Under the Sun*, and *Pedagogy*, and she has appeared on the cover of *ELDR* magazine.

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# ***Peanut Butter and Naan***

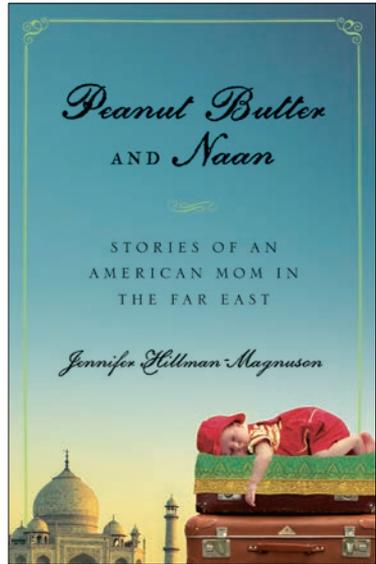
*Stories of an American Mom in the Far East*

Jennifer Magnuson

**The hilarious tale of what happened when Jennifer Magnuson moved her family of seven from Nashville to India in an effort to shake things up—and got more than she bargained for.**

Fly-by-the-seat-of-her-pants mom Jennifer Magnuson knew her spoiled suburban brood needed a wake-up call—she just couldn't find the time to fit one in. But when her husband was offered a position in India, she saw it for what it was: the perfect opportunity for her family to unplug from their over-scheduled and pampered lives in Nashville and gain some much-needed perspective. What she didn't realize was how much their time in India would transform her as well.

A combination of *Eat, Pray, Love* and *Modern Family*, with a dash of Chelsea Handler thrown in for good measure, *Peanut Butter and Naan* is Magnuson's hilarious look at the chaos of parenting against a backdrop of malaria, extreme poverty, and no conveniences of any kind—and her story of rediscovering herself and revitalizing her connection with those she loves the most. In India, after years of parenting under a cloud of anxiety, Magnuson found a renewed sense of adventure and fearlessness (a discovery that was totally worth the many months of hiding anti-malarial medication in her kids' morning oatmeal), and started to become the mother she'd always hoped to be. Hers is a story about motherhood that will not only make you laugh and nod with recognition—it will inspire you to fall in love with your own family all over again.



© Rebecca M Photography

## **JENNIFER HILLMAN-MAGNUSON**

is a writer and mother of five. She has lived in India and Abu Dhabi, and now resides full-time with her family in Oregon. She has written for Nickelodeon, *Brain*, *Child* magazine, and other print and online publications.

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# A Leg to Stand On

An Amputee's Walk Into Motherhood

Colleen Haggerty

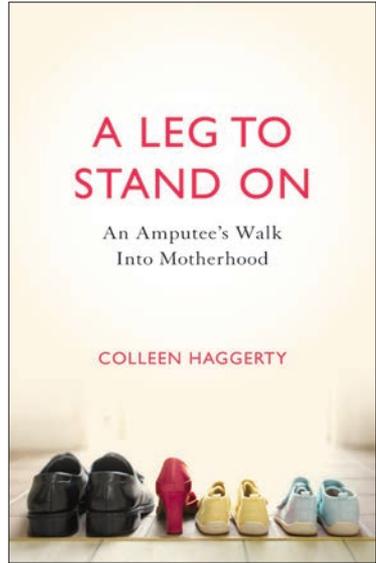
One woman's story of how she overcame the pain of losing a leg at seventeen—and of terminating two pregnancies as a young woman—and went on to become a mother, despite her fears.

When Colleen Haggerty lost her leg in an accident during her senior year of high school, she could have retreated from life and let her disability become her defining quality—and no one would have blamed her for it. Instead, she went the opposite way. In the years following her accident, Haggerty explored her physical world with vigor, testing the limits of her body by joining a ski team, playing with a co-ed soccer team, and taking up kayaking and backpacking. She also tested the limits of her heart, pursuing love and passion with restless men.

In this unflinchingly honest memoir, Haggerty tells how she sacrificed two pregnancies out of fear in her youth—and then, later in life, chose to follow through on two pregnancies despite her fear. Those four choices informed the seasons of her emotional and physical life: abortion undid her emotionally; pregnancy undid her physically; and motherhood reconfigured her entirely. Emotional but ultimately uplifting, *A Leg to Stand On* is the candid story of one woman's journey toward motherhood, both in spite of and in light of her disability.

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**COLLEEN HAGGERTY** is a writer and public speaker. She finds great joy in writing personal essay and memoir and has contributed to the anthologies *The Spirit of a Woman*, *He Said What?* (penned as Colleen Robinson), *Dancing at the Shame Prom*, and *Beyond Belief*. She lives with her husband and their two teenagers in Bellingham, WA.

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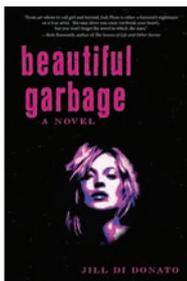
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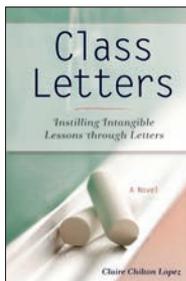
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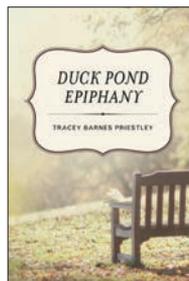
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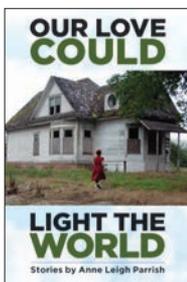
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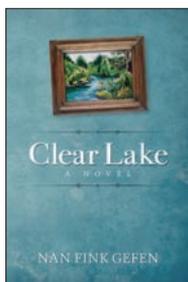
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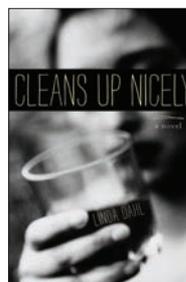
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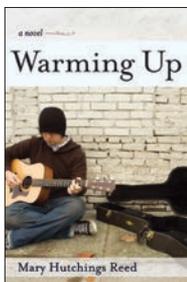
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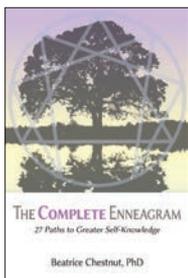


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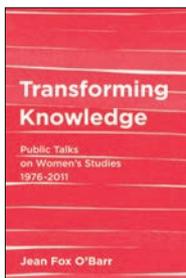
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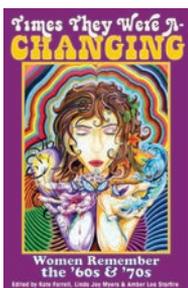
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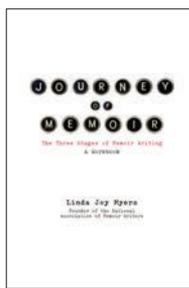
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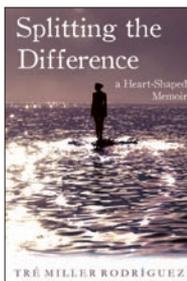


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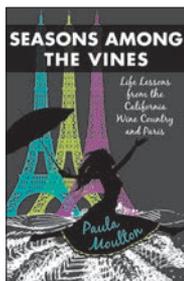


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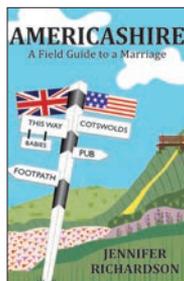
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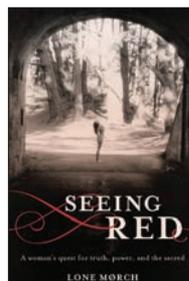
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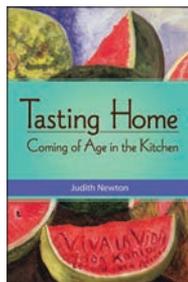
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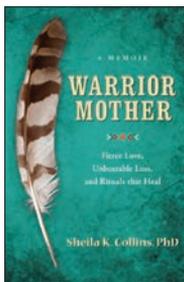
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